

Day trips from Helsinki



Helsinki | Espoo | Vantaa | Järvenpää | Lohja | Hyvinkää | Salo | Porvoo Loviisa | Hämeenlinna | Tampere | Kouvola | Kotka–Hamina Region | Mikkeli

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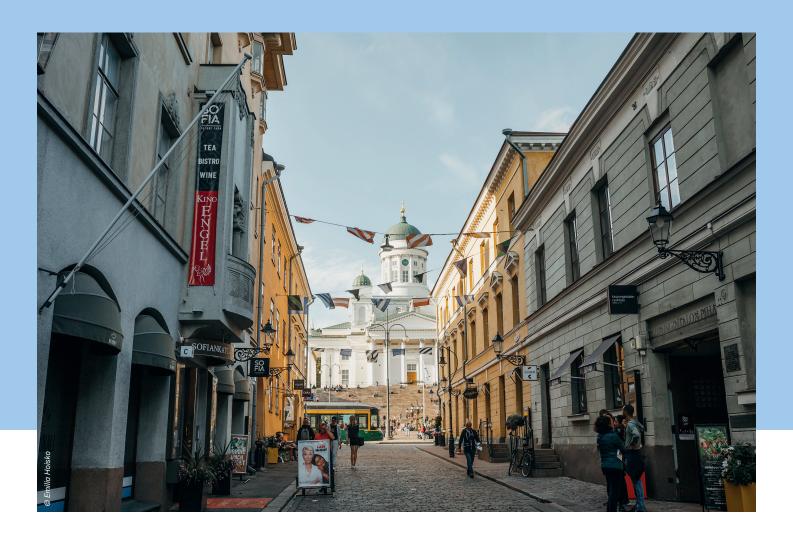
Day Trips from Helsinki

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Day trips from Helsinki to its fascinating neighboring areas

Helsinki is the hidden gem of Northern Europe and the fastest route between Asia and Europe. It's an urban, trendy and cultural city that is very close to nature. The city challenges the established tourist attractions in Europe by offering visitors new kinds of experiences. The Finnish capital is a year-round city of events and an inspiring design destination.

Helsinki is surrounded by beautiful neighboring area where you can easily get from the city by train, bus or car. Take a day trip to the fascinating old town of Porvoo or a weekend trip to the marine Kotka-Hamina region. Day trips from Helsinki brochure presents the most interesting destinations where to visit when you want to explore more.

Dive into **MyHelsinki.fi** for more information on exciting destinations in Finland!









Think Sustainably – your local guide to sustainable Helsinki

What if sustainable choices could be embedded into your everyday lifestyle, and be as easy as using your favorite app?

The Think Sustainably service on the MyHelsinki.fi website helps you select more sustainable ways of enjoying your stay in Helsinki: where to eat and stay, where to shop and what to experience.

Helsinki offers the ideal conditions for enjoying a more

sustainable city break. The service also includes a route planner feature that enables choosing emission-free transportation options to the wide variety of experiences on offer in the city. Helsinki is committed to promoting a more sustainable way of life – for everyone.

Think Sustainably – MyHelsinki.fi

A Sustainable Day in Helsinki

There are plenty of ways to have fun in Helsinki without feeling guilty about your effect on the environment. From the most gorgeous nature to sustainable shopping and vegan restaurants, Helsinki's got you covered.

Start your day at the Market Square, Helsinki's most famous market. Pop into Old Market Hall and have a wander around all the delicious food stalls. Grab a coffee and a cinnamon bun from Story and enjoy the bustling atmosphere around you.

Next up, **Suomenlinna!**You can buy a ferry ticket using the HSL app, and the journey takes just 15-20 minutes. Suomenlinna is a UNESCO World Heritage site and a former sea fortress. Take your time exploring the island, and try to make it to King's Gate, where the view is unbeatable.

Visit **Amos Rex**, the newest addition to Helsinki's art scene, in the afternoon. It's an 8-minute cycle from the harbour and the number 2 tram will take you there too. Amos

Rex made international headlines when it opened last year: it's an art gallery in a truly innovative space and its exhibitions are always top quality.

Afterwards, wander across the road to **Oodi**, Helsinki's new central library. The building is absolutely stunning and you must check the views from its recently opened top floor terrace. Oodi has plenty of recreational areas for kids, as well as spaces for parents to sit down and relax.

Finish your day with dinner at **Juuri**, which just a 15-minute walk away. At Juuri the focus is on local, Finnish produce. Another interesting option for dinner is **Restaurant Nolla**, the first zero-waste fine dining restaurant in the Nordic countries.

Find other ways to spend a sustainable day in Helsinki at

www.myhelsinki.fi/en/think-sustainably











Shopping

When shopping, purchase long-lasting design, vintage, or recycled items. Sustainable design can be found at the following boutiques and design markets:

- Costo Concept Store
- Garden
- Lovia Concept Showroom
- Variety Vintage
- Frida Marina
- · Relove at Töölöntori
- Recci



Design for life

Minimalistic, functional and clean Finnish design has enjoyed an enviable international reputation for decades. Helsinki has always been the hot spot when it comes to Finnish design. Get inspired by the tips offered by Finnish design experts!

Design District Helsinki is a cluster of creative businesses that is full of

fascinating design attractions and a Mecca for fans of Finnish Design. It comprises 25 streets and 200 spots on the map, including design and antique shops, art galleries and museums, restaurants, hotels, design studios and more.

designdistrict.fi

Discover the Design District on foot! The

Helsinki Design Walk is a two-hour guided tour in English of the top design sights. Tours are organised on Saturdays at 11am throughout the year and last approximately 2.5 hours.

happyguidehelsinki.com

Torikorttelit – the "new old town" in the historical centre of Helsinki is being rejuvenated. Old offices

are being converted into spaces for new design and fashion businesses. torikorttelit.fi



Look for this sticker to find Finnish design!









Explore the urban nature around the year



Explore the Urban Nature

Helsinki is one of the greenest metropolises in the world: over one third of the city consists of parks and other green



areas. There are also 42 nature reserves in the city. The city's many parks are enjoyed by visitors and locals alike. In wintertime they are used for skiing and in summertime for jogging and picnics.

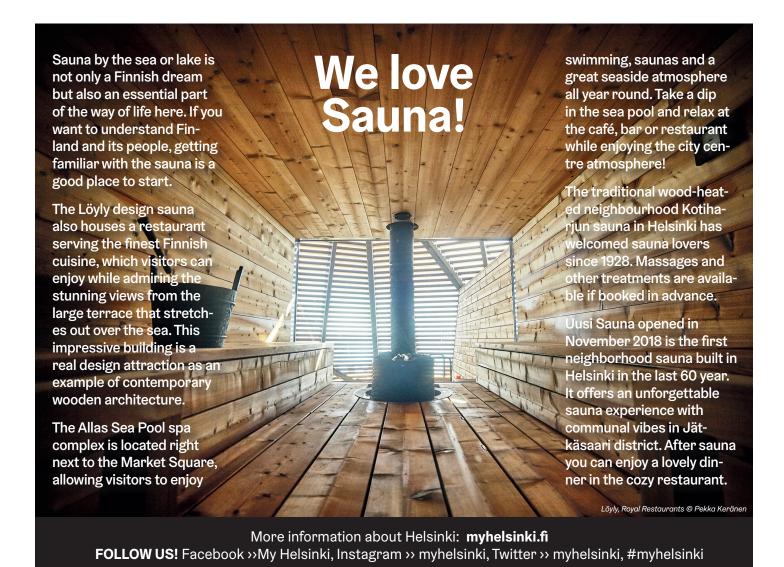


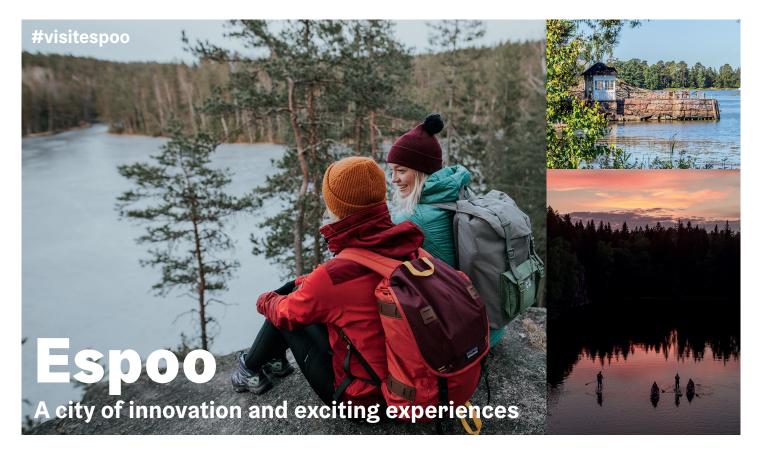
Park life

Enjoy the fine views to the sea from atop the hill in Helsinki's most popular park **Kaivopuisto.**



Take a walk through the **Töölönlahti** park around the bay and past the Helsinki Music Centre, Finlandia Hall and the Finnish National Opera.





Espoo is like Finland in miniature and one of the most sustainable cities in Europe. To the south, you can enjoy delightful islands and an unspoilt coastline, a rich cultural offering, a wide range of events and activities and great shopping opportunities. Travel north, and you will discover the tranquil rural scenery, lakes, historic manor houses and the wilderness of Nuuksio National Park. The metro takes you conveniently to Espoo from Helsinki city centre. In addition, many events in Espoo e.g. April Jazz Festival and Nuuksio Classic Trail Marathon - focus on sustainable and ecological actions, whether it is recycling the waste or ensuring that nature trails remain unspoiled.

See

EMMA – Espoo Museum of Modern Art

One of Finland's largest art museums - only a **metro ride** from Helsinki - located at the **WeeGee Exhibition Centre** which offers plenty to see for the whole family with changing exhibitions and events. WeeGee also houses the Espoo City Museum KAMU, the Finnish Toy Museum Hevosenkenkä, the Finnish Museum of Horology, a museum shop and a café. *Ahertajantie* 5, 02100 Espoo *Tel.* +358 (0) 43 827 0941 *emmamuseum.fi. weegee.fi*

Gallen-Kallela Museum

Visit the home of our national artist Akseli Gallen-Kallela in a castle-like atelier home, built 1911–13 in Art Nouveau style. Changing exhibitions offer fresh combinations of the works of Gallen-Kallela and his contemporaries, modern art and photography. Café-restaurant. Summertime treat: take a metro, hop on a **city bike** and enjoy refreshments and the maritime views in the garden by Laajalahti bay. Gallen-Kallelan tie 27, 02600 Espoo Tel. +358 (0)9 849 2340 gallen-kallela.fi

The International Theatre of Finland

Espoo City Theatre presents in-house productions of classic and new plays as well as visiting productions from Finland and further afield. Situated in Tapiola, about 15 minutes from Helsinki.

Revontuli Hall, Revontulentie 8, 02100 Espoo

Louhi Hall, Espoo Cultural Centre, Kulttuuriaukio 2, 02100 Espoo Tickets tel. +358 (0)9 439 3388 espoonteatteri.fi

Espoo Cultural Centre

The main scene for performing arts and cultural life in Espoo. **Tapiola Sinfonietta** (the Espoo city orchestra), The International Theatre of Finland. April Jazz Festival. Espoo

orchestra), The International Theatre of Finland, April Jazz Festival, Espoo Ciné International Film Festival and PianoEspoo and VocalEspoo Festivals are on stage on regular bases. Kulttuuriaukio 2, 02100 Espoo Tel. +358 (0)9 816 5051 espoo.fi/culturalcentre

Experience

Nuuksio National Park

Experience wild woods and lakes on Helsinki's doorstep! Within easy reach of the capital of Finland you can escape into wild natural settings and enjoy typically Finnish scenery, with lovely lakes, green forests and rugged crags. Pack your backpack for a memorable family picnic or campout. All the adventure and event providers partnering with Metsähallitus (Parks ans Wildlife Finland) at the national park operate according to the principles of sustainable nature tourism. Tel. +358 (0)40 163 6200 nationalparks.fl/nuuksio

The Finnish Nature Centre Haltia

An ecologically designed event centre entirely made of wood on the fringes of Nuuksio National Park in Espoo. Haltia's exhibitions present Finland's most stunning wildlife and natural scenery. The centre's main aim is to give people a genuine sense of close contact with nature and perspectives on the natural wonders of the whole country.

Nuuksiontie 84, 02820 Espoo Tel. +358 (0)40 163 6200 haltia.com

Archipelago excursions

Espoo's 165 islands are like a beautiful mosaic. Enjoy Espoo's archipelago on a **scheduled boat** which carries you swiftly to the islands. Available from June to September. Or test your wakeboarding skills at the Water Sports Centre Laguuni. Also **city rowing boats** are available during the summer season. *visitespoo.fi*

The forests and nature trails

When in Espoo, you are never far from the outdoors. Check out the popular recreational areas and parks such as Oittaa Recreation Centre and Angry Birds themed playgrounds. Or explore the 40 km long scenic Espoo's **Waterfront Walkway** and **marked nature trails** around Espoo. *visitespoo.fi*

Make the most of your visit

Make the most of your visit Spending a summer day in Espoo?

- · Hop on a ferry and head out to explore our many islands.
- Visit Nuuksio National Park and you might even spot some reindeer nuuksioreindeerpark.fi/en
- Explore EMMA or Gallen-Kallela museums, followed by an actionpacked treetop adventure at Huippu seikkailupuistohuippu.fi

Visiting on a wintry day?

- Take a snowshoe walk through Nuuksio National Park.
- Explore Oittaa on cross-country skis.
- Test your ice skating skills at Tapiola Ice Garden.
- Head for the cosy warmth of one of our many museums.

Top Events in 2020

Bryan Adams: Shine a Light, 7 March, Espoo Metro Areena, metroareena.fi

April Jazz 22–26 April, apriljazz.fi

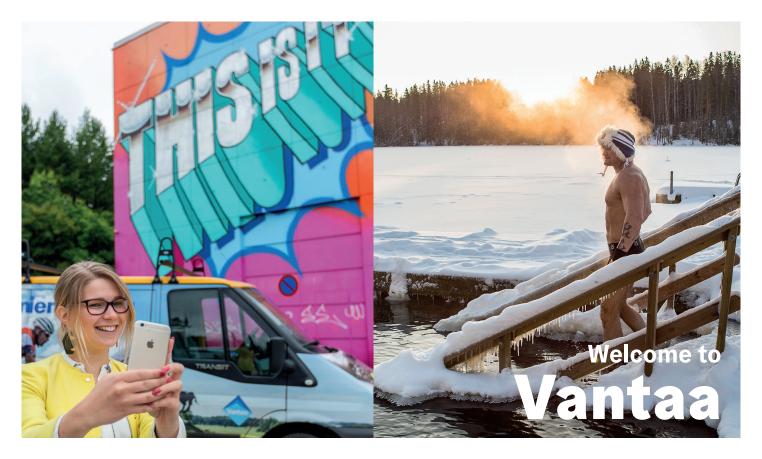
Espoo Ciné 4-10 May, espoocine.fi

Organ Night and Aria Festival 4 June–27 August, urkuyofestival.fi

Nuuksio Classic Trail Marathon

5 September, nuuksioclassic.com/en L'Étape Finland by Tour de France

Autumn 2020, letapefinland.com



Vantaa offers visitors plenty to see and experience all throughout the year whether you like science, art, the outdoors, shopping or having fun. Vantaa is easy to reach by plane, train or car. Helsinki Airport is situated in Vantaa. The city has a great selection of accommodation from charming B&B's to modern hotels and hosts many great music festivals and sporting events.

Experience

Look into the VR glasses at Fazer Experience Visitor Centre and learn about the making of world 's best chocolate: Fazer milk chocolate. Experience the world of science in a fun way at the Finnish Science Centre Heureka. At Flamingo Entertainment Center you can try out glow bowling, glow-in-the-dark golf and experience the virtual reality. Or dine in 20+ restaurants and see a movie. After shopping at the only outlet in capital region Helsinki Outlet, the outlet stores in Tammiston kauppatie and Jumbo shopping Centre relax at the Flamingo Spa and Aqua Park. For the more outdoorsy Kuusijärvi Lake recreational area offers walks, swimming or ice swimming and smoke sauna all year round.

Fazer Experience Visitor Centre, www.visitfazer.fi

Flamingo Entertainment Center, www.flamingo.fi

Flamingo Spa & Aqua Park, www.flamingospa.fi

Helsinki Outlet, www.helsinkioutlet.fi

Heureka, the Finnish Science Centre,

www.heureka.fi

Jumbo Shopping Centre, www.jumbo.fi

Kuusijärvi Lake, www.cafekuusijarvi.fi

Eat & Enjoy

In Vantaa you won't stay hungry for long. Whether you want to try Finnish food or you are more into ethnic food, you will find your match. Most of the restaurants at the attractions also serve lunch. Below you will find some of the most interesting places to eat & drink in Vantaa.

Café Kuusijärvi, www.cafekuusijarvi.fi

Fazer Café Fazerila, www.visitfazer.fi

Hämeenkylä Manor, www.hameenkylankartano.fi

Kuninkaan Lohet, www.kuninkaanlohet.com

Restaurant Backas, www.ravintolabackas.fi

The Science Restaurant, www.heureka.fi

See

Vantaa Art Museum Artsi is a must if you're into urban culture, street art and graffiti. It's situated right next to Myyrmäki station that has also been turned into a piece of art - inside out. Check it out! If you prefer historic sites, visit in Helsingin pitäjän kirkonkylä. It is one of the best preserved parishes in southern Finland and the original settlement within Greater Helsinki. St. Lawrence church is the oldest building in the metropolitan and one of the most popular wedding churches in Finland. The old station building in Tikkurila, from mid-19th hosts now the Vantaa City Museum, which has temporary exhibitions presenting the versatile history of the area. Finnish Aviation Museum is a must-see when you visit the airport city. Vantaa Agricultural Museum presents Vantaa as it was before urbanization.

Finnish Aviation Museum, www.ilmailumuseo.fi

Church of St. Lawrence, www.vantaanseurakunnat.fi/ english/churches

Vantaa Art Museum Artsi, www.artsimuseo.com

Vantaa Agricultural Museum, www.vantaanmaatalousmuseo.fi

Vantaa City Museum, www.vantaa.fi/citymuseum

Top Events in 2020

Vantaa Day celebration, 15 May, www.vantaa.fi

Tikkurila Festival

(Finnish Pop & Rock Music), 9–11 July, www.tikkurilafestivaali.fi

BRQ Vantaa Festival

(Baroque & Classical Music), 6–13 Aug, www.brq.fi

Helsinga Medieval Day, 8 Aug, www.vantaaseura.fi

Why so Myrtsi? (Night of the Arts) 27 Aug, www.whysomyrtsi.fi





Järvenpää is a dynamic and upbeat city in the Helsinki region. The E75 highway and railway ensures short travel time from Helsinki to Järvenpää (approx. 35 min). Additionally, Helsinki-Vantaa Airport can be reached in 25 minutes via Tuusulanväylä. The many railway connections and a total of 4 train stations make it easier to travel around. Our city centre has a metropolitan feel with its diverse services and opportunities for recreation, shopping and eating out, but the city also offers peace of mind with its lakeside views, meadows and forests.

See

Ainola, home of Jean & Aino Sibelius

The home of Jean Sibelius and his family, where visitors can still experience the authentic milieu of an artist home and the silence which the composer considered indispensable for his work. Garden, café and shop. Book a guided tour or explore on your own! In August, garden tours in English every Thu at noon. Open 2.5–30.9.2020 Tue–Sun. Ainolankatu, Järvenpää, www.ainola.fi

Järvenpää Art Museum exhibits works by Finnish national romantic era artists Eero Järnefelt (1863–1937) and Venny Soldan-Brofeldt (1863–1945) along with other temporary exhibitions. The exhibition during March–September 2020 is about Suviranta, Järnefelt's charming studio home in Järvenpää, and features works and stories of family life in the lush rural scenery of Lake Tuusula. Kirjastokatu 8, Järvenpää. Open year-round.

www.jarvenpaa.fi/taidemuseo taidemuseo@jarvenpaa.fi +358 40 315 3881

Ahola is the former home of the Finnish national author Juhani Aho (1861–1921) and artist Venny Soldan-Brofeldt (1863–1945). Today Ahola is a museum exhibiting their work and life in Järvenpää. Sibeliuksenväylä 57, Järvenpää. Open May–September. www.jarvenpaa.fi/ahola ahola@jarvenpaa.fi, +358 40 315 2213

Suviranta is the former studio home of artist Eero Järnefelt (1863–1937) and his family, built in 1901 with inspiration from English country manors. The house is open only for pre-booked guided tours, as it is still a private home.

Suvirannankatu 5, Järvenpää. Guided tours during May-Sep. www.jarvenpaa.fi/suviranta suviranta@jarvenpaa.fi +358 40 315 3881

Artist's home Villa Kokkonen

Designed by Alvar Aalto, this building is a unique combination of private home and concert hall. Guided tours by reservation round the year. Public guided tours Jun-Sep. Tuulimyllyntie 5, Järvenpää, www.villakokkonen.fi

Experience

Visit Lake Tuusula bus is operating during the summer season and takes you to the top sights in the Lake Tuusula area. Ticket is valid for the whole day and you can hop on and off whenever you like.

Järvenpään rantapuisto

At the city centre, there is a central park called Rantapuisto. There you can enjoy the lakeside view, see Finland's largest public sculpture Kolmisointu designed 1979 by Rolf Westphal and have a great time at skatepark. During the winter time there is an ice rink for skating and in the summer you can play minigolf in the park.

Vanhankylänniemi is a popular outdoor area by the Lake Tuusula where you can enjoy the old-fashioned atmosphere and beautiful surroundings. Vanhankylänniemi Manor Cafe is serving light lunches and café items all year around.

The most valuable nature reserve in the Järvenpää city area is the **Lemmenlaakso** Valley Nature Reserve established in 1991 along the Keravanjoki River. Walk along the marked trails, admire the wild flowers and different bird species, then have a relaxing break at the campfire site.

Eat & Enjoy

Härmän Rati Inn

Award winning organic restaurant www.harmanrati.fi

K-Citymarket Järvenpää

winner of the IGD Award for Store of the Year 2019, famous for homemade sushi, pizza and ice cream Helsingintie 41, Järvenpää

Gastro Bar Sesonki

Cozy restaurant devoded to seasons, located next to the K-Citymarket Järvenpää www.ravintolasesonki.fi

Restaurant Huvila

Charming restaurant in the city centre Sibeliuksenkatu 5, Järvenpää www.huvilassa.fi

Restaurant Huili

A very popular restaurant in Rantapuisto Rantakatu 6, Järvenpää www.huilimaan.fi

Scandic Hotel Järvenpää www.scandichotels.fi

Knitting Café Lentävä Lapanen www.lentavalapanen.fi

Café Vellikello

Sibeliuksenväylä 53, Järvenpää www.facebook.com/vellikello

Vanhankylänniemi Manor Cafe Tuulimyllyntie 24, Järvenpää www.facebook.com/kartanonkahvila

Top Events in 2020

Tuusulanjärvi Triathlon, 30 May, www.tuusulanjärvitriathlon.fi

Puistoblues, Blues Street at the city centre, 24–27 June

Puistoblues, 27 June Main event in Vanhankylänniemi www.puistoblues.fi

Meidän festivaali – Our festival www.meidänfestivaali.fi 26 July–1 August





Lohja is a small town in the midst of unspoilt, true Finnish nature, only a half-hour drive from Helsinki. Be inspired by the same landscape that inspired the creator of the Finnish national epic, The Kalevala. Take a visit 100 meter underground in the Tytyri Mine Experience. Find courses for golfing, trails to explore our forests and lakes for fishing or take part in events organized by local warm-hearted people.

See

Tytyri Mine Experience takes visitors 100m below ground for a tour of an authentic mining environment. Visitors get to experience the genuine feeling of mines as they explore the mine galleries. Seeing the 100-metre wide and 100-metre deep mine gives a good picture of the huge scale of a limestone mine and the light show at the end of the tour will take your breath away. Opening hours: guided tours all year round except on public holidays. Kuilukatu 42, Lohja Tel. +358 (0)44 369 1309 tytyrimineexperience.com

The Roots of Finnish Culture

The abundance of historic places and museums bring the roots of Finnish culture to life in Lohja. Did you know that the Finnish mining industry started from Ojamon manor in Lohja? Or that the Paikkari Cottage in Lohja is the birthplace and childhood home of Elias Lönnrot, the creator of the Finnish national epic The Kalevala? You can also visit the

war museum dedicated to Finland's role in World War II, or learn about the lives and history of people in Lohja in the Lohja Museum.

Tel. +358 (0)44 369 1309

www.visitlohja.fi

Lake Lohja and Lohja Island

The Lake Lohja is the largest lake in southern Finland. The nature in Lake Lohja is unique and well known from its scenery and well-kept fishing waters, birds and forest grove. Pikeperch is the most common fish in the water but pike and trout can also be found. The biggest pikeperch caught from Lake Lohja was over 12 kilos. In the middle of Lake Lohja there is a Lohja Island. There you can see thousands of blossoming apple trees in May, and which are filled with the delicious fresh apples in the autumn. You are also welcome at the Ciderberg Apple Vineyard for some wine tasting or wine shopping. Vintage treasures on the other hand can be found from in the island boutiques Martinpiha. In the Lohja Island you will also find old mystic oak tree in the middle of deep forest. This Paavola oak tree is also among Top 10 most Instagrammable places to visit in Finland by Visit Finland. Tel. +358 (0)44 369 1309 www.visitlohja.fi

Experience

Smoke sauna

Kettukallio Experience farm offers a change to go to a traditional Finnish smoke sauna, where you can take your time to enjoy the refreshing atmosphere. Right beside the smoke sauna there is a hot tub, where you can sit and relax while listening to the sounds of nature. Kettukallio Experience farm is a family owned destinations, built amongst Finnish nature.

Tel. +358 44 9885760 www.kettukallio.com

Wild food foraging tour & home visit

In the Laine family home visit you will experience the Finnish way of harvesting wild foods and using them to make delicious meals. Depending on the season, guest will enjoy berry picking, mushrooming or fishing, as well as cooking with the host. The family offers a hospitable and friendly atmosphere at home close to the Lake Lohja and the Lohja city Centre. Tel. +358 44 977 8855 www.viherpiipertajat.fi

Eat & Enjoy

Cafés

Café culture in Lohja is diverse and travelers are sure to find their own favorite from the abundant supply. We recommend a visit to the lovely old-time café Liisa, with a local souvenir shop next door, Café St. Honoré with mouth-watering cakes and pastries and to Café Lauri, where customers are pampered in the style of a European café. An experience to remember is the floating café Kaljaasi in the middle of the Lohja Lake. Tel. +358 (0)44 369 1309 www.visitlohja.fi

Lohja Spa & Resort

Only an hour from Helsinki Lohja Spa Hotel lets you stay comfortably in a gorgeous scenery, right on the shore of Lake Lohja. The nature surrounding the Lohja Spa offers peace and a beautiful landscape, where you can take walks, go fishing, rowing, canoeing and much more! In the wonderful experience spa you can enjoy different pools and saunas inspired by the fairy tale The Birch and the Star, written by Sakari Topelius. These elements can be found in the materials as well as images, scents, colours and sounds in the sensory world of the spa. The spa is, therefore, an experience for all senses. Tel. +358 30 608 40 www.lohjaspa.fi/en

Top Events in 2020

Ice Carousel festival

21–22 February www.icecarouselfestival.fi

Lohja Café Day

4 June, visitlohja.fi

Lohja Lakefestival

15 June, visitlohja.fi

The Apple Festival

19 September, www.omenakarnevaalit.fi

Old Times Christmas Fair

12–13 December, www.menneenajanjoulumarkkinat.fi





The active Hyvinkää of 47 000 inhabitants is located in the pine-covered esker area of Salpausselkä. Hyvinkää is close to nature and it has excellent traffic connections; the motorway and railway get you here from, for example, Helsinki in under an hour.

Hyvinkää has many interesting destinations, and it is famous for its outdoor activity possibilities. Events are organised frequently and all year round.

See

The Finnish Railway Museum

The national special museum presents railway history in an authentic 1870s railway milieu. The unique collection includes, for example, the world's only remaining parlour cars of the Russian emperor and Finland's oldest locomotive. Hyvinkäänkatu 9 tel. +358 (0)307 25241 rautatiemuseo.fi

Hyvinkää Art Museum

The changing exhibitions include Finnish and international art. The permanent collection includes a room dedicated to Helene Schjerfbeck

Hämeenkatu 3 D tel. +358 40 480 1644 hyvinkaantaidemuseo.fi

Wool Mill Milieu

The historic Wool Mill area includes various institutions and activities; everything from culture to delicious food experiences.

Villa Arttu – Cultural Centre for Children and Young People.

Changing exhibitions about children and young people's culture and art education.

Wool Mill, Kankurinkatu 4–6 tel. +358 (0)50 467 8308 artcentre.fi

Valvilla Mill Museum

In the park-like inner yard of the Wool Mill, in a small fire equipment storage building, there is a museum presenting the history of the wool mill. Wool Mill, Kankurinkatu 4–6, tel. +358 (0)40 773 6257

Experience

Sveitsi Park provides excellent exercise and leisure services in a beautiful esker setting. A part of the park is a nature conservation area. 17 km of lit skiing tracks. The area also has, for example, accommodation possibilities, a horse riding centre, and an ice sports centre.

Sveitsi Leisure Centre

Hyvinkää's Sveitsi is reborn. The legendary conference and leisure centre opened as completely renewed. Hotel Sveitsi expanded, and there are lots of new things for the whole family, for example, the indoor activity park SuperPark Sveitsi.

Outside you'll find SeikkailuSveitsi where you can have an adventure by trekking through the tops of trees and sliding across 500 metres over the Sveitsi kettle.

www.visitsveitsi.fi

Sveitsi Outdoor Recreation Area

An outdoor recreation area which expands straight from Sveitsi Park. The landscape has been shaped by ponds and rocks. You'll find marked exercise and hiking tracks along which there are camping sites. Guided tours with wilderness treats are organised, Hyvinkään Erämatkat tel. +358 (0)40 502 3076 tero.lindholm@eramatkat.com

Sveitsi Swimming Pool

The cosy and versatile pool provides, for example, a hot tub, massaging showers, a water slide, a fantastic sauna-for-hire with a steam sauna, outdoor swimming pools with a large lawn area, a gym and a café.

Teerimäenkatu 6
tel. +358 (0)19 459 2487

Sveitsi Ski Centre

An action-packed centre for slalom skiers, snowboarders and cross-country skiers. There are four lit slopes, a snowboard slope, equipment hire and maintenance, a skiing school, a sled hill, lit skiing tracks and a slope café.

Puiottelutie 1

tel. +358 (0)19 488 283 www.sveitsinhiihtokeskus.fi

Golf

There is one court in Sveitsi and two world-class courts in the cultural landscape of Kytäjä.

Hyvinkää Golf, Golftie 63 tel. +358 (0)40 093 5358 www.hyvigolf.fi

Kytäjä Golf, Kytäjäntie 1265 tel. +358 (0)19 456 5700 www.kytajagolf.fi.

Top travel packages 2020

The Finnish Railway History Experience, 2 days

This package offers you an insight in Finnish railway history, culinary delights and outdoor activities, all in one. You will stay in a newly refurbished Hotel Sveitsi in the middle of Sveitsi Nature Park. You can also just relax and enjoy the nature or sauna and swimming pools.

Finnish Forest Health & Fitness, 2 days

This visit takes you to enjoy pure nature and healthy air in a safe environment. You will experience the Finnish forest relationship and knowhow. Let our qualified forest health guide take you for a walk filled with pine-scented sensations and experiences you can only find in some of these cleanest forests in the World. You will stay in a newly refurbished Hotel Sveitsi in the middle of Sveitsi Nature Park.

Helene Schjerfbeck's Hometown, 2 davs

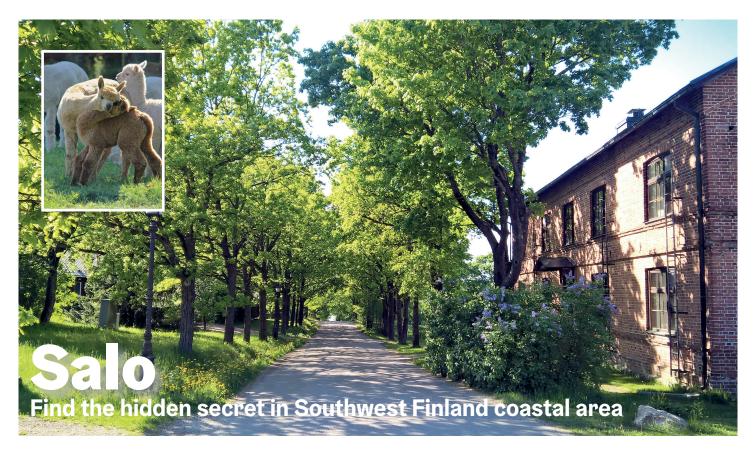
Hyvinkää is known as a hometown of a World-famous female artists Helene Schjerfbeck. Here you can see the sites where she lived and loved.

Travel Agency & Tour Operator Uudenmaan Seuramatkat Oy

info@uudenmaanseuramatkat.fi tel. +358 (0)19 427 4700 www.uudenmaanseuramatkat.fi







Only one hour away from the hustle of Helsinki area you can find a spontaneous small city – definitely worth a visit! Salo offers plenty to enjoy and experience all year round - like local food, Finnish lifestyle and cheerful events to enjoy. Manors, ironworks mills and museums tell you stories about the rich history. Salo is also a gateway to the Finnish archipelago with thousands of small islands and summer houses.

Our highlights for travellers are Teijo National Park and its surrounding idyllic Teijo ironworks villages. For nature-lovers we offer lots of outdoor activities and a special village lifestyle. In Salo you can find out how the Finns live and love!

See

Wiurila Manor

Wiurila is an esteemed manor of Finland. In possession of the Armfelt family since 1787, Wiurila is rich in history, heritage and timeless architecture. Today, Wiurila is an experience centre where history meets modern life. Meet the entre-preneurial Armfelt ancestors. Be present in the moment and relish in culture, art and nature.

Viurilantie 126, Halikko www.wiurilankartano.fi

Salo Art Museum Veturitalli

The 100-year-old locomotive shed in Salo now has new purpose as an art museum. Changing exhibitions, cultural events and concerts. Mariankatu 14, Salo www.salontaidemuseo.fi/en

Salo Electronics Museum

The glamour of old radios and televisions, the history of making mobile phones in Salo.
Salorankatu 5-7, Salo
www.salomus.fi

Experience

Teijo National Park

You can explore the wild natural settings and enjoy typically Finnish scenery with peaceful lakes, beautiful seashore, forests and swamp. Pack your backpack for a memorable day picnic or campout and try canoeing or fishing. In Teijo National park you can see many aspects of Finnish nature in one, compact package. Teijo National Park, Matildanjärventie 84, Mathildedal www.nationalparks.fi/teijo

Mathildedal Ironworks village

Spend a downshifting day in a charming ironworks village, delve into the area's history while visiting the ironmills historical exhibition. Visit the alpaca farm and the alpaca mill with its shop. Taste the local beer and visit the village bakery. Step into the world of delicacies and try some hand-crafted chocolates in Petri's Chocolate Room. Have a cup of coffee roasted in the village restaurant's rostery. Enjoy the scenery to the sea and experience the idyllic village life.

Ruukinrannantie 6, Mathildedal www.mathildedal.fi

Eat & Enjoy

Kuiro Café

Charming and traditional cafe at the centre of Salo. Homemade pastries and local delicacies. Open all year round.

Helsingintie 5, Salo www.kuironleipomo.fi

Café Maku

Located in the middle of Salo. Genuine table service, home-made baked goods and lunch. For tea lovers a great selection!

Turuntie 5, Salo

www.cafemaku.fi

Salon Seurahuone Restaurant

Located in the centre of Salo in an idyllic wooden house. During weekdays a perfect place for lunch. At nights fine dining. The terrace serves grilled lunches on summer Thursdays.

Asemakatu 1, Salo www.salonseurahuone.fi

Restaurant Kastu

A bistro-style, casual and unpretentious new restaurant and café with a culinary philosophy based on classic cooking. Located in the citry centre close to the Salo market place. Helsingintie 3, Salo www.ravintolakastu.fi

Village Bakery and Kitchen in the Mathildedal Manor

Village Baker's new sourdough bakery and shop with a village kitchen in the lovely ironworks manor in Mathildedal. You can enjoy fresh bakery products and the village kitchen's meal of the day in the lovely manor hall or in the peaceful garden spreading out over the grounds. Speciality Saturday pizza. Bremerintie 4, Mathildedal www.matildankartano.fi

Restaurant Ruukin Krouvi

Local countryside food and friendly service in an old workshop. Situated close to the seashore. Open all year round.

Ruukinrannantie 6, Mathildedal www.ruukinkrouvi.fi

Mathilda's Marina

Archipelago restaurant located next to the sea-shore with genuine food and per-sonal service. The menu is based on locally produced ingredients of the season. Daily changing menu, fish of the day.

Matildan Puistotie 4, Mathildedal www.mathildanmarina.fi/en

Top Events in 2020

The popular **evening markets** on summer Thursdays from June to August bring Finnish music performances, traders, pancake cafés, second hand shops and a children's flea market to the Salo marketplace.

Power Cup, 4–7 June, www.powercup.info/en

Salo Jazz Festival, 25–26 Sep, www.salojazz.fi

Salo Autumn Market, 24-26 Sep







Founded nearly 800 years ago, Porvoo is the second oldest city in Finland, best known for its unique Old Town district, high quality restaurants and charming cafés. Make an unforgettable romantic day trip to Porvoo or stay longer to truly experience everything this charming city has to offer.

Only about 50km east from Helsinki, it is easy to travel from the capital to Porvoo by bus or by steamboat in the summer.

See

Old Porvoo

Strolling around the cobblestoned streets can make you feel as if you were peeking into a children's storybook. Old Porvoo is charming all year round: beautiful architecture, art, handicrafts and antiques. A leisurely walk, a visit to a museum or exhibition, shopping in idyllic small shops, a break to enjoy a tasty meal or a drink - these are the most popular ingredients of and excursion to Old Porvoo.

www.visitporvoo.fi/old-porvoo

The Art Factory is where an old factory building meets modern arts and culture. A huge, buzzing complex with an art gallery, exhibitions, events, concerts, workshops, artists' show & work-spaces, cafés, restaurants, a movie theatre and a dance school – all year round.

www.taidetehdas.fi

Home of J. L. Runeberg

Home museum of the Finnish national poet. The house and its surroundings give an interesting picture of housing and life in the mid-19th century. It is Finland's oldest home museum, opened to the public in 1882. www.visitporvoo.fi/jl-runebergs-home

Experience

Experience Porvoo with a local

Doerz is a service that brings travellers and locals together. Why not try walking around Old Porvoo, hearing stories from the past or hike the nearby hills and stop for a picnic? Perhaps visiting Porvoo flea markets and finding Finnish art and design is your thing?

Find out: fi.doerz.com/visitporvoo

Porvoo Line river cruise

Enjoy Porvoo's historic river landscape on a rivercruise with m/s Oueen.

Departure from Porvoo Harbour from late June to late August, Tue—Sun every hour between noon–5pm. Refreshments can be bought on board.

porvooline.fi

Porvoo archipelago

Porvoo is not just a quaint city. It is a municipality that stretches all the way to the sea and has its own archipelago. Pellinge islands are where famous Finnish writer and artist Tove Jansson spent a great part of her life. Try Island Riddles whilst there – it's a fun and challenging forest adventure for all, inspired by

Jansson's book "The book about Moomin, Mymble and little My". visitpellinge.fi/en islandriddles.com

Eat & Enjoy

Tea and Coffeeroom Helmi *Välikatu 7, Old Porvoo*

www.teehelmi.fi

Ani's Café (vegetarian restaurant) Gabriel Hagertinkuja, Old Porvoo Tel. 050 3205575 www.gniscafe.fi

PetriS Chocolate Room Jokikatu 16, Old Porvoo petris fi

Bar & Café Porvoon Paahtimo

Mannerheiminkatu 2, Old Porvoo Tel. +358 19 617 040 www.porvoonpaahtimo.fi

SicaPelle Wining & Dining

Kirkkotori 3, Old Porvoo Tel. +358 50 505 04 25 www.sicapelle.fi

Zum Beispiel

Rihkamakatu 2, Old Porvoo Tel. +358 50 4396066 www.meatdistrict.fi

Bistro Sinne

Kokonniementie 6, Art Factory Tel. +358 10 322 81 40 www.sinneporvoo.fi

Hotel & Spa Haikko Manor

Haikkoontie 114, Porvoo Tel. +358 600 15131 www.haikko.fi

Boutique Hotel Pariisin Ville

Jokikatu 43, Old Porvoo Tel. +358 19 580 131 www.pariisinville.fi

Boutique Hotel Onni

Kirkkotori 3, Old Porvoo Tel. +358 44 534 8110 www.hotelonni.fi

Bed & Breakfast Ida-Maria

Välikatu 10 A, Old Porvoo tel. +358 45 8512 345 www.idamaria.fi

For more inspiration, see www.visitporvoo.fi www.instagram.com/visitporvoo

Top Events in 2020

Porvoo Lights Festival 14–15 February

Avanti! Summer Sounds *Music Festival, 25–28 Jun*

15 August

Old Porvoo Flea Market – get a peek into people's gardens!

Late Night Shopping in Old Porvoo 28 August

Christmas Season's opening in Old Porvoo, 28 Dec







Loviisa is an idyllic seaside town, some 87 km east of Helsinki, less than one hour by car or 90 minutes by bus from Kamppi. Its sea land-scapes, historical wooden buildings and beautiful countryside characterize the town. The town has a centre from the 19th century and an Old Town that dates back to the 18th century. The town is also known for its 18th century fortifications and 17th century ironworks. In his youth, the composer Jean Sibelius spent several summers in Loviisa.

See

Laivasilta Marina Area features a row of old salt sheds that today house restaurant-cafés, shops and exhibitions. The Maritime Museum presents the long history of seafaring in Loviisa. Laivasilta is the home harbour of the sailing ship Österstjernan and the departure point for cruises to Svartholma Sea Fortress. The services are available in summer.

Svartholma Sea Fortress (1748) lies on an island in Loviisanlahti bay some 10 km from the town centre. There are cruises to the island, guided walking tours and an exhibition called Svartholma – Island of soldiers, prisoners and visitors in summer. There is also a summer restaurant and free berths for boats.

Strömfors Iron Works lies some 17 km east of the centre of Loviisa. The Iron Works area hosts artisans and other service entrepreneurs. In summer there are forging demonstrations using a water hammer, a church, a museum and exhibitions. There are restaurants, cafés and accommodation possibilities available all year.

Loviisa Town Museum is located in the 18th century Commandant's House in the centre of Loviisa. Many exhibitions through the year.

Rönnäs lies some 30 km west of the centre of Loviisa. The Rönnäs Archipelago Museum presents the history of the archipelago of Loviisa. It is open 16 June to 9 August Wed– Sun. Nearby is also a golf course, a restaurant, a café and cottages for rent. ronnas.fi

Malmgård Manor lies about 25 km west of the centre of Loviisa. There is a brewery and a manor shop selling organic products produced at the estate. malmgard.fi

Bonga Castle is an atelier-museum of Riitta Nelimarkka. Over 200 works are on display, the items range from colourful textiles to oil paintings and drawings. The gallery is open during events and for groups, bookings bonga.fi

Experience

M/S J.L. Runeberg offers cruises from Helsinki Market Square to Loviisa 16, 23, 30 July and 6 August at 10 am. *msjlruneberg.fi*

Cruises aboard M.Aux Österst-

jernan, a replica of a packet yacht, which sailed between Loviisa and Stockholm in the 19th century. osterstjernan.fi

Ehrensvärd's Trail is a two-kilometre nature path in the centre of Lovisa. Discover the history of fortress building, the architectural heritage, vegetation and bird population.

Eija's Garden includes English style gardens around a garden shop. Eija's Garden is located in the village of Ahvenkoski, some 14 km east of the centre of Loviisa. eijasgarden.fi

Eat & Enjoy

Bakery-Café Vaherkylä Aleksanterinkatu 2 tel. +358 400 477 266 vaherkyla.fi

Café Restaurant Loviisan Kappeli Kuningattarenkatu 19 tel. +358 19 581 437 teehelmi.fi

Café-Restaurant Saltbodan Laivasilta 4, tel. tel. +358 19 532 572 Open in summer, saltbodan.com

Café Tuhannen Tuskan Kahvila Poikkikuja, tel. +358 44 019 5971 tuhannentuskankahvila.fi

Favorit Café & Teashop Aleksanterinkatu 6 tel. +358 45 178 8052 facebook.com/cafefavorit

Restaurant Café Sakura Deli

Brandensteininkatu 11 tel. +358 40 838 2717 sakuracatering.com

Restaurant Osteria Locale Mannerheiminkatu 2 tel. +358 19 508 008 ravintolalocale.fi

Strömfors Bed & Bistro Ruukintie 10 A tel. +358 10 504 7100 bedandbistro.fi

SALES & GUIDED TOURS
Porvoo Tours – Loviisa Tours
Guided tours and group tour
programmes upon agreement.
Tel. +358 19 574 2200
porvootours.fi

Top Events in 2020

Rootsinpyhtaa Bluegrass & Rendezvous 5-7 June

Open Gardens in Loviisa 7 June, 5 July and 2 August

Historical Houses of Loviisa Traditional Finnish Building and Renovation Days 29–30 August

The Loviisa Sibelius Festival 2–6 September

Loviisa Christmas 5–6 December & 12–13 December







There are 107 towns in Finland, but none of them equals Hämeenlinna, the only town with an ideal combinations of nature and culture, everything nicely and easily within your reach.

Finland's oldest inland town, Hämeenlinna, is especially known for its medieval castle, of the magical nature reserve Aulanko and as the birthplace of the composer Jean Sibelius. Hämeenlinna is also known as town of mega events as for e.g. AC/DC, Iron Maiden, Guns N'Roses and Metallica has brought over 130 000 visitors to Kantola Event Park.

See

Sensing culture at Verkatehdas

Verkatehdas is an old red-brick factory which used to house a textile mill. Today, it acts as a versatile cultural centre. Café and restaurant services are available all year round. Paasikiventie 2 verkatehdas.fi hameenlinnantaidemuseo.fi

The Castle peninsula

Linnanniemi (The Castle area) on the shore of Vanajavesi is an area which contains a unique complex of museums, open all year. The medieval castle, prison buildings and army barracks from the 19th century are an imposing sight. An eye-opening experience for anyone sharing the conventional concept of a museum! kansallismuseo.fi/en/haemeenlinna kansallismuseo.fi/en/vankila/vankila museomilitaria.fi

Kantola mural

The newest attraction in Hämeenlinna is the mural in Kantola area. Upea17 street art festival produced 21 works of art in 13 cities around Finland. In September 2017, the highest mural in the Nordic countries was created in Hämeenlinna. Guido van Helten, an Australian artist, worked on the painting for almost a month. Myllärinkatu 5

Hämeenlinna city center

There are many fascinating sights on the market square located at the heart of the city and the street around it, such as the birthplace of Jean Sibelius, the Skogster Museum (Hämeenlinna City Museum) and the Hämeenlinna church. The Palander Houses gives a glimpse into the lives of the gentry in the 19th century, and the Wetterhoff House sells handmade souvenirs.

hmlmuseo.fi/in-english wetterhoff.fi

Experience

Charming Aulanko

Aulanko offers an ample selection of experiences for all visitors. Scandic Aulanko is home to a spa and an arena, in addition to which it offers visitors a number of well-being services; there is a stable, tennis courts, the Aulanko Golf course and an adventure park right next to the hotel. Aulanko Outdoors equipment rental also serves individual travelers and tourists. Aulanko is nestled within a forest park, where visitors can climb the belvedere to admire the view, or stroll along the ponds to feed ducks. visithameenlinna.fi/en

Ahvenisto Activity Park

Ahvenisto Activity Park offers experiences, recreation and fun activities to visitors of all ages! In addition to the recently renovated and legendary public pool (sometimes with Wibit waterpark) the area offers hiking paths, sandy beaches, FlowPark adventure tracks and cafe. Olympiakatu 18-20 ahvenisto.fi/en

Hopealinjat cruises

Get to know the city from the water on a cruise on the beautiful lake Vanajavesi. Enjoy day, evening or theme cruises from the ferry harbor located in the center of the city. The ferries have excellent restaurants onboard. hopealinjat.fi

littala Village

littala Village is a diverse and pleasant shopping and tourism destination located north of Hämeenlinna. In addition to shopping, you can learn about the history of glassmaking and watch some incredibly talented glass-blowers at work. The Naïvists at littala exhibition gathers 20,000 guests from Finland and abroad every summer.

The first themed art station in Finland has been built in littala. The new station embodies littala's history as a village for crafts, design and art. In the future, it will also serve as a calling card for the area and please the eyes of those travelling through littala on trains.

Hollaajantie 2, littala www.iittalavillage.fi

Eat & Enjoy

Fifth Avenue

Sibeliuksenkatu 2, Hämeenlinna www fiftari fi

Hemma

Raatihuoneenkatu 29, Hämeenlinna www.hemmahml.fi

Restaurant Le Blason

Possentie 7. Hämeenlinna www.leblason.fi

Restaurant Piparkakkutalo

Kirkkorinne 2, Hämeenlinna www.ravintolapiparkakkutalo.fi

Restaurant Uoma

Saaristenkatu 4, Hämeenlinna www.ravintolauoma.fi

Restaurant Verka

Viipurintie 4, Hämeenlinna www.ravintolaverka.fi

Top Events in 2020

Naïvists in littala exhibition

16 May-23 August, www.naivistit.fi

Wanaia Festival

3-4 July, www.wanajafestival.fi

Linna Jazz

8-12 July, www.linnajazz.fi

Hippalot – Arts festival for children 30 July-2 August, www.hippalot.fi

Häme Medieval Festival,

10-16 August,

www.keskiaikafestivaali.fi



Tampere was born between two great lakes, Näsijärvi and Pyhäjärvi, with textile industry setting up on the banks of Tammerkoski rapids. Today, you can feel the industrial heritage in this buzzing university city, which has also become the country's leading hub for innovative technology. Tampere is known for its vivid culture life as well as urban nature and the multitude of public saunas, allowing visitors to experience the Finnish peace of mind, only a few steps away from the city centre and just 1.5 hours from Helsinki.

See

Tampere Cathedral

This architecturally impressive cathedral from 1903 is a must-see! Designed by Lars Sonck, it boasts impressive interior art including controversial frescoes by Hugo Simberg.

www.tampereenseurakunnat.fi/ kirkko_tampereella/kirkot_ja_muut_ tilat/kirkot/tuomiokirkko

Pyynikki Observation Tower & Café

The best doughnuts in the universe and a view on the side! Pyynikki observation tower sits on top of the world's largest gravel hill and is open every day of the year. www.munkkikahvila.net

Vapriikki and Serlachius

You don't have to be crazy about modern art and archaeology, nor

of a certain age, to enjoy Vapriikki Museum Centre in Tampere. Explore history, technology and natural sciences in over ten exhibitions under the same roof. If you still yearn for more art, just a direct museum bus journey away from Tampere, in the Art Town Mänttä-Vilppula, you'll find the Serlachius Museums full of art and gourmet food. vapriikki.fi

www.serlachius.fi

Experience

Finlayson and the Stable Yards

From the magnificent landscape of the Tammerkoski rapids you'll find the Finlayson industrial area, nowadays converted into shops, restaurants, museums and much more. Stop by the old Stable Yards to shop for local handicrafts and delicacies. www.finlaysoninalue.fi www.tallipiha.fi

Market Hall

Tampere Market Hall is over a hundred years old, but it's still a crowded scene during lunch hour today! From local homemade dishes to delicious pastries and souvenirs, there's something for absolutely everyone here.

www.tampereenkauppahalli.fi

Lake cruises on Steamship Tarjanne and Finnish Silverline

You can take a cruise towards north as well as south from Tampere. The great lakes of Näsijärvi and Pyhäjärvi offer unforgettable sceneries and countless stories on your summer day's expedition. www.hopealinjat.fi

Särkänniemi - more than an amusement park

Särkänniemi is home to dozens of rides as well as many other attractions for visitors of any age. Welcome all fun lovers, gourmets, adventurers and culture fans! www.sarkanniemi.fi

SAUNA CAPITAL TAMPERE : FINLAND

Tip: Experience the Finnish sauna!

The Sauna Capital of the World welcomes everybody to its cosy warmth! We have over 30 public saunas in the region for anyone to relax in, throughout the year. We indulge in particular those who love hot steam and ice-cold water, as our region offers the most numerous possibilities in Finland to enjoy this addictive combination.

www.saunacapital.fi

Eat & Enjoy

The best way to get to know the city is to head to one of the lovely restaurants, idyllic cafés or relaxed pubs and breweries of Tampere.

#hungryfortampere

Restaurant Näsinneula

Laiturikatu 1 www.sarkanniemi.fi/category/ ravintola-nasinneula

Restaurant Kajo

Rautatienkatu 12 www.kajoravintola.fi

Gastropub Tuulensuu

Hämeenpuisto 23 www.gastropub.net/tuulensuu

Café Amurin Helmi

Satakunnankatu 49 www.museokortteli.fi/kahvila

Vohvelikahvila, Waffle café

Ojakatu 2

www.vohvelikahvila.com

Sauna & restaurant Kuuma

Laukontori 21 www.saunaravintolakuuma.fi

Restaurant Periscope

Vuolteenkatu 1 www.ravintolaperiscope.fi

Top Events in 2020

Tampere Film Festival

4–8 March, tamperefilmfestival.fi

Rockfest

5-7 July, www.rockfest.fi

Tampere Theatre Festival

3–9 Aug, www.teatterikesa.fi

Blockfest

in August, www.blockfest.fi

Tampere Jazz Happening

in November, www.tamperejazz.fi



An exciting day trip to Kouvola is waiting for you! Your day trip can include an adventure in a national park, a stroll in a forest park or a relaxing sauna experience. You can get to Kouvola from Helsinki by public transport in under an hour and half, so pristine Finnish nature is right at your fingertips. In addition to beautiful nature, you can explore living history and enjoy the flavours of local food.

See

In the UNESCO World Heritage Site Verla Groundwood and Board Mill you'll step into the end of the 19th century. A verdant garden, architectonically valuable buildings and an old cardboard factory with its original equipment have been preserved perfectly in their original state.

Ankkapurha Culture Park is the perfect setting for exploring the area around the Kymijoki River. Fans of the famous Finnish architect Alvar Aalto will fall in love with Kouvola's Tehtaanmäki area, located right across Ankkapurha, where you can explore different designs by Aalto.

Kouvola's Museum Quarter, located right next to the city center, a tribute to the railway history of Kouvola, is filled with workshops for artisans and small boutiques. The Poikilo Museums are also located there. Poikilo has interesting art exhibitions for culture lovers and fans of modern art.

Experience

Arboretum Mustila is one of the most significant forest parks in Northern Europe. The park is located along Route 6, just an hour's drive from Helsinki. You can explore the woods and after that relax with a cup of coffee in a café. Don't forget to visit Mustila Viini, where you can taste and buy locally made berry wines and other local products.

Tykkimäki Amusement Park is Kouvola's very own amusement oasis and the area is perfect for families. You will find also Tykkimäki Camping and Tykkimäki Aquapark where you can savor the sun and enjoy wild water rides. Aquapark is located at Kouvola's very own Copacabana, Käyrälampi beach. The newest addition to the amusement park family is Tykkimäki Actionpark, an indoor activity park in the Prisma shopping centre, open year-round.

The locals have fallen in love with **Tykkimäen Sauna**, a public sauna located close to the city centre. During the summer time you can swim in the clean waters of Käyrälampi, after relaxing in the sauna. During the winter season, you can also experience the wonderful sensation of ice-swimming.

Along the way to Repovesi National Park, **Vuohijärvi Nature and Culture House** provides a perfect pit stop. In addition to interesting art exhibitions, lovers are welcomed to leave a lovelock in the garden.

Daytrip to Repovesi National Park

We have planned an unforgettable day in the Repovesi National Park for you. First take a train to Kouvola. Kouvola's main railway station is located in the city centre. Your next step is to take the bus to Repovesi National Park. The buses leave from the main railway station. Check the timetables from visitkouvola.fi.

For a day in the park, we recommend the Fox trail, which is 5 kilometers long. You can take the Fox ferry and cross the waters of Repovesi. The ferry is powered by your own muscles, so you'll get a nice workout. The Fox trail will take you along the ponds and rugged forest trails on top of a mighty cliff, from which you can gaze over the entire park. One of the highlights in Repovesi is Lapinsalmi suspension bridge. The bridge is one of the most popular and important landmarks in the park, so before crossing to the other side, take a moment to admire the serene lake view that surrounds you. The view is a perfect souvenier.

Repovesi is just a couple of hours from Helsinki, but when you sit around a campfire listening to the calls of red-throated divers echoing over the lake, the city feels like a million miles away.

After a nice walk, it is time to take the bus back to the city. Naturally, you can then hop on a train but we also have wonderful accommodation services. Why not spend the night with us? Or would you dare to experience a night in a rented hut in Repovesi?

Eat & Enjoy

The restaurants and cafés in Kouvola serve delicious lunch and dinner so while you're here, don't forget to try out some of the locally made products.

Gastropub Betony Oikokatu 2,Kouvola www.betony.fi

Bistro Goutu

Oikokatu 3, Kouvola www.bistrogoutu.fi

Kymi Villa

Ahlmannintie 1, Kouvola www.kyminhuvila.fi

Mustilan Viini–Wine Shop Mustilan Puistotie 21, Elimäki www.mustilanviini.fi

Top events in 2020

Kymi GP, an international trotting race, 26–27 June

MotoGP, the historic race, held for the first time ever in Finland on the new KymiRing GP circuit, 10–12 July

Wiipurintien markkinat, a traditional medieval fair, 31 July–1 August

Kymijoki Beer Festival, artesan drinks, food and music 7–8 August

Lähiruokamessut, Local food fair, 12–13 September



Kotka-Hamina Region is a seaside region with the River Kymijoki and its rapids, wonderful urban parks, outstanding cultural events and sights and dazzling history of the border region - all less than an hour's drive from Helsinki and just a stone's throw from the Russian border.

See

Maritime Centre Vellamo

It houses the Maritime Museum of Finland, regional Kymenlaakso Museum and the museum icebreaker Tarmo. Tornatorintie 99, Kotka tel. +358 40 350 0497 www.merikeskusvellamo.fi/en Open: Tue, Thu-Sun 10–17, Wed 10–20, Mon closed. 22 Jun–16 Aug daily 10–18, Wed 10–20 New great exhibition Fateful Svensksund opens 20 May 2020!

Aquarium House Maretarium

The world of Finnish fish in its full diversity. Sapokankatu 2, Kotka tel. +358 40 311 0330 www.maretarium.fi Open: Mon-Tue and Thu-Sun 10-17, Wed 12-19. 1 Jun-23 Aug daily 10-19 (except on Midsummer Eve 19 Jun 10-14).

Langinkoski Imperial Fishing Lodge

Summer residence built for the Russian Czar Alexander III, besides the River Kymijoki. Keisarinmajantie 118, Kotka tel. +358 2 953 369 91 www.kansallismuseo.fi/langinkoski Open: 2–31 May Tue–Sun 10–16, 1 Jun–31 Aug daily 11–18 (closed on Midsummer Eve 19 Jun)

Kotka Urban Parks

Kotka is well-known as the **capital of parks in Finland**. Located on an

island Kotkansaari, the city centre features 9 different parks all within walking distance. When in Kotka, make sure to visit the most awarded park in Finland – Sapokka Water Garden, and enjoy the sea breeze in Katariina Seaside Park.

Hamina - circular town centre and fortress

The sights along the circular streets of the old town centre are all close to one another. Hamina and its history can be viewed more broadly from the ramparts of the fortress surrounding the centre. Hamina Bastion used to be the central bastion of the fortress. Its outer walls, a total of 58 vaults and lookouts surround an arena of almost one hectare in size. During the summer, the Bastion is covered with the largest canopy in Europe and it audiences various kinds of events. www.visithamina.fi

Hamina Museums

Four different museums in Hamina tell about the history of the city, its countryside and the Reserve Officer School.

www.visithamina.fi

The Salpa Line is one of the strongest and best-preserved chains of fortifications in Europe built during the Second World War.

Salpa Line Museum

Säästöpirtintie 70, Miehikkälä Open: in May and Sep Wed-Sun 10–18, Jun-Aug daily 10–18. Wintertime opening hours: www.salpakeskus.fi/en

Virolahti Bunker Museum

Vaalimaantie 1318, Virolahti www.salpakeskus.fi/en Open: in May and Sep Fri 10–18, Sat 10-16, Jun–Aug daily 10–18.

Experience

Kotka-Hamina region has more than 100 kilometres of coastline, thousands of cliffs and coves and a perfect sea offering special sites for hikers, anglers and bird-watchers, urban parks, Valkmusa National Park in Pyhtää and Gulf of Finland National Park in the archipelago. The River Kymijoki is the best salmon river in Southern Finland and offers various activities on and by the river: rapids shooting, swimming and fishing.

Arktika - the north-bound mass migration of arctic birds, takes place in May when millions of waterbirds and hundreds of thousands of geese migrate via the Gulf of Finland to their nesting places on the arctic tundra.

The Arktika days 9–24 May 2020 provide a fascinating programme of discovery also for international visitors: identifying birds with guides and personally guided Arktika cruises.

Zsar Outlet Village is the first outlet centre in Finland housing numerous international and Finnish brands with their company stores. Zsar's brand selection includes premium and luxury fashion houses, leading cosmetics, sports, outdoors and homewear brands. www.zsar.fi/en

Eat & Enjoy

Enjoy local delicacies and cosy atmosphere of restaurants and cafes in Kotka-Hamina region and why not stay overnight and relax in a five-star holiday resort Santalahti or SpaHotel Hamina.

Restaurant Vausti Kotkankatu 7, Kotka www.kotkanravintolat.fi

Restaurant Kotkan Klubi

Kirkkokatu 2, Kotka www.kotkanklubi.com

Restaurant Wanha Fiskari

Ruotsinsalmenkatu 1, Kotka www.wanhafiskari.fi

Restaurant Keisarinsatama

Metsontie 41, Kotka www.keisarinsatama.com

Patisserie-Café Huovila Fredrikinkatu 1, Hamina

konditoriahuovila.com

Mansion Karhulan Hovi

Karhulan Hovin tie, Kotka www.karhulanhovi.fi

Santalahti Holiday Resort****

Santalahdentie 150, Kotka tel. +358 5 260 5055 www.santalahti.fi

SpaHotel Hamina

Sibeliuskatu 32, Hamina tel. +358 5 353 5555 www.spahotelhamina.fi

Top events in 2020

Kaakko Chamber Music Festival,

Virolahti, 30 Jun-5 Jul, kaakkofestival.fi/eng

Miehikkälä Festival, Miehikkälä, 11 Jul

Kotka Maritime Festival 23–26 Jul, meripaivat.com

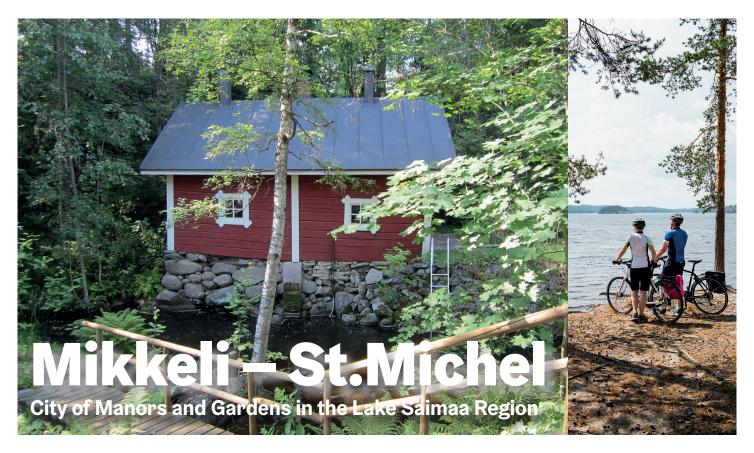
Hamina Tattoo Festival, *Hamina* 3–8 Aug, www.haminatattoo.fi

Archipelago Market, *Pyhtää* 21–22 Aug

www.visitkotkahamina.fi/en/events www.kymenlaaksonyt.fi/en

visit KOTKAHAMINA.fi





Mikkeli is a quaint, historical city situated on the shores of the fourth largest lake in Europe, Lake Saimaa.

Only 2.5 hours away from Helsinki, Mikkeli is also easily reachable by public transport. In Mikkeli, you will find the perfect mix of nature experiences and local life. The many manors and gardens of the city offer an interesting insight in to the days gone by, coupled with varied events, shopping opportunities and fresh, local food. Visit historical Astuvansalmi rock paintings or hike up Neitvuori mountain for stunning lakeland views. Take a breather in the

up **Neitvuori** mountain for stunning lakeland views. Take a breather in the city's many urban parks - or if you want action, try stand up paddling and canoening or cross-country skiing and tour skating on natural ice just a few minutes away from the city centre. www.visitmikkeli.fi

See

Kenkävero vicarage

As the oldest and the most beautiful restored vicarage in Finland, Kenkävero has rightly gained its place in the hearts of visitors and locals alike. Even Santa himself has his summertime hideaway in Kenkävero! Local handicrafts and cuisine in charming surroundings.

www.kenkavero.fi

Mikkelipuisto park

Urban park only minutes away from the city centre with a restaurant and beautiful gardens and activities all year around. Pack a picnic and rent a rowing boat to enjoy the lakeside nature at its purest in the summer. In the winter, hike or try cross-country skiing or tour skating across the frozen lake.

www.visitmikkeli.fi/parks-and-gar-

Urpola Nature Center and trail

Urpolanjoki river conservation area and nature trail, based around an old mill, is a charming destination for enjoying the varied nature of the area. If you are lucky, you may even spot their most famous inhabitants – the playful otters! Stop for lunch by an open fire and learn about the wildlife and vegetation from the signs along the nature trail.

www.facebook.com/urpolanluontokeskus

Museums in Mikkeli

Mikkeli served as the headquarters of the Finnish defence forces during four wars and the city's many museums and exhibitions tell the story of Mikkeli's significance in the history of Finland.

www.visitmikkeli.fi/museums

Experience

Manors and gardens

Many authentic manor houses, such as **Tertti** and **Kyyhkylä** manors, remain open to the public in the Mikkeli region all year around. Offering local cuisine and experiences, accommodation and varied activities, there is something for everyone to enjoy at these charming manors and their surroundings.

www.visitmikkeli.fi/manors-and-gardens

Cottage life

Mikkeli and Lake Saimaa are at the heart of the Finnish Lake District and the region has about 70 000 lakeside summer cottages with saunas – the perfect place to relax. Do lots or nothing, everything goes at the cottage. Fishing, water sports, traditional game of "mölkky" and food straight from the lake or forest are all guaranteed to contribute to your wellbeing. After sauna and a refreshing dip in the sparkling waters of Lake Saimaa, you will feel like a totally new you!

www.visitmikkeli.fi/holiday-villas

Saimaa GeoPark sites

Mikkeli hosts several archaeologically, ecologically, historically or culturally important GeoPark sites within walking distance from the city centre. Visit the 9000-year-old Giant's kettle pothole in Pursiala or the Kaihunharju esker, which was formed in the ice age, to mention a few. www.saimaageopark.fi

Eat & Enjoy

Mikkeli is the capital of the local, organic food culture in Finnish Lakeland. Fresh ingredients from local farms, lakes and forests, prepared with lots of love and served with lashings of heartfelt hospitality, create an experience to remember.

Tertti manor

Delicious, local culinary delights in historical manor house surroundings.

www.tertinkartano.fi

Bistro Holvi

Seasonal products and local ingredients are at the heart of this popular local bistro in the centre of Mikkeli. www.bistroholvi.fi

Mikkeli market square

Enjoy local produce straight from the farmers or in one of the cosy market square cafes.

Top Events in 2020

Farmari 2020 Agricultural Fair 2–4 July www.farmari.net

Mikkeli Music Festival

Classical music by world famous performers in Mikkeli, 5–8 July www.mikkelinmusiikkijuhlat.fi

St. Michel horse race

The biggest annual race in Mikkeli Trotting Track, 18–19 July www.stmichel.fi

Swamp Volley World Championships near Mikkeli, 24–25 July www.swampvolley.com

Otava Happy Jazz

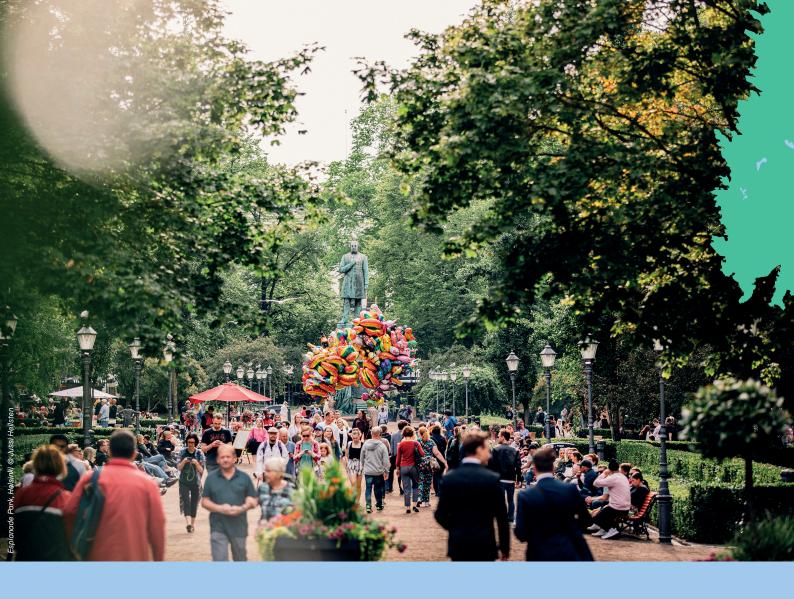
A cheery charity concert in the atmospheric gardens of the charming Otava Folk High School, 1 August



Winter in Finland

The snow season in northern Finland begins in November and lasts at least until May.
Yes, it gets cold in Finland in the winter.
But that's no reason to stay indoors – just gear up right and make the most of the fresh white season.





MyHelsinki.fi Your local guide to Helsinki.







Transportation information

ESPOO

BY TRAIN from Helsinki Central Railway Station to Leppävaara: local trains A, E, U, Y, L.

BY BUS from Leppävaara to Serena Water Park and Ski Resort: bus 236. BY TRAIN from Helsinki Central Railway Station to Espoon keskus: trains E. U. L.

BY BUS from Espoon keskus to Nuuksio National Park: buses 245, 245K.

BY BUS from Kamppi Bus Station to Serena Water Park and SerenaSki Resort: bus 355T.

BY METRO: In Espoo, the Länsimetro (West metro) underground trains from Helsinki stop at Keilaniemi, Aalto University, Tapiola, Urheilupuisto, Niittykumpu and Matinkylä stations.

VANTAA

BY BUS from Helsinki Central Railway Station to Helsinki Airport: bus 615 or the Finnair Bus. From Hakaniemi to Helsinki Airpot bus 617. BY TRAIN to Tikkurila: trains K, N, T, H, R, Z. I & P (via Myyrmäki and the Airport)

BY TRAIN to Myyrmäki: P & I (Via Tikkurila and the Airport)

JÄRVENPÄÄ

BY TRAIN from Helsinki Central Railway Station: commuter train R to Järvenpää or Ainola stations. BY BUS from Kamppi Bus Station, platform 10. Buses marked Hyrylä and Järvenpää.

LOHJA

BY BUS from Kamppi Bus Station: platform 27. Buses marked Lohja or Virkkala.

HYVINKÄÄ

BY TRAIN from Helsinki Central Railway Station.

SALO

BY CAR along the E18 highway, travel time about 1 h 15 min (115 km).
BY TRAIN from Helsinki railway station every other hour, travel time 1 h 20 min.

BY BUS several daily busses from Helsinki Airport or Kamppi Bus Station.

PORVOO

Several buses depart Helsinki every hour for Porvoo. The journey takes less than an hour. In summertime you can take a relaxing 3.5-hour cruise to Porvoo aboard the m/s J. L. Runeberg.

LOVIISA

BY BUS from Kamppi Bus Station several times per day. BY FERRY m/s J.L. Runeberg from

BY FERRY m/s J.L. Runeberg from the Market Square on Thursdays in

HÄMEENLINNA

BY TRAIN from Helsinki Central Railway Station: trains IC, express and commuter train R. BY BUS from Kamppi Bus Station: all Express-Bus services to Tampere stop in Hämeenlinna.

BY CAR along E12 motorway.

TAMPERE

BY TRAIN from Helsinki Central Railway Station: IC, Pendolino and commuter train R. BY BUS from Kamppi Bus Station: all ExpressBus services to Tampere. BY CAR along E12 motorway.

KOUVOLA

BY CAR along highway 6.
BY TRAIN every hour in under 1 h 30 min from Helsinki Central Station and from Helsinki Airport.
BY BUS from Kamppi Bus Station several times per day in 1 h 30 min.

KOTKA-HAMINA REGION

BY CAR 1 h 30 min from Helsinki along E18 motorway BY BUS around 15 daily direct bus

services from Helsinki Kamppi Bus Station

BY TRAIN several commuter train services daily from Helsinki Railway Station (change in Kouvola)

MIKKELI

BY CAR along E75 motorway to Heinola and Route 5 to Mikkeli. BY TRAIN from Helsinki Central Railway Station. Travel time from Helsinki Airport.

BY BUS several daily busses from Helsinki Airport or Kamppi Bus Station.

Train timetables: www.vr.fi Bus timetables: www.matkahuolto.fi Journey planner for Helsinki Region: www.reittiopas.hsl.fi

